

just got done with a  
pacer test in gym i.  
Passed with 57  
laps....but. I feel like  
imma die..i have bad  
asthma and im  
coughing up blood...  
im disappointed in  
myself for not  
hitting 100 laps, but  
some other girl did...  
i cant breath, my  
chest is tight and  
lungs hurt